## Bangkok, Thailand

Healthy and Sustainable City Indicators Report: Comparisons with 25 cities internationally

Global Healthy \& Sustainable City-Indicators Collaboration

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Full report including data, methods and study limitations has been published as:

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## Healthy and Sustainable City Indicators Report

This brief report outlines how Bangkok performs on a selection of spatial and policy indicators of healthy and sustainable cities. Our collaborative study examined the spatial distribution of urban design and transport features and the presence and quality of city planning policies that promote health and sustainability for 25 cities across 19 countries.

Comparisons with the median values for all cities included in this international study could inform changes needed for local city policies. The maps show the distribution of urban design and transport features across Bangkok, and identify areas that could benefit the most from interventions to create healthy and sustainable environments.

## Policy presence in Bangkok

Urban design and transport policies supporting health and sustainability


## Policy quality in Bangkok

Policy quality rating for specific, measurable policies aligned with consensus evidence on healthy cities

3/57
(below) Percentage of population with access to amenities within 500 metres ( $m$ ) in Bangkok, Thailand.


| City planning requirements |  | \% of cities with requirement met, by country income group |  |
| :---: | :---: | :---: | :---: |
|  | Bangkok | Middle /6 | High <br> /19 |
| Specific health-focused actions in metropolitan urban policy |  | 0\% | 84\% |
| Specific health-focused actions in metropolitan transport policy | $X$ | 50\% | 63\% |
| Health Impact Assessment requirements in urban/transport policy/legislation | $X$ | 33\% | 11\% |
| Information on government expenditure on infrastructure for different transport modes | $X$ | 33\% | 47\% |
| Air pollution policies related to transport planning | $X$ | 50\% | 89\% |
| Air pollution policies related to land use planning | $\checkmark$ | 67\% | 84\% |

## Walkability in Bangkok

Walkable neighbourhoods provide opportunities for active, healthy, and sustainable lifestyles through having sufficient but not excessive population density to support adequate provision of local amenities, including public transport services. They also have mixed land uses and well-connected streets, to ensure proximate and convenient access to destinations. High-quality pedestrian infrastructure and reducing traffic through managing demand for car use can also encourage walking for transport.

(above) $75.0 \%$ of population live in neighbourhoods with walkability scores greater than the 25 international city median

| Walkability policy for Bangkok |  |  |  |
| :---: | :---: | :---: | :---: |
| Policy identified | Specific standard or aim | Measurable target | Consistent with health evidence |
| Housing density requirements $\boldsymbol{X}$ | - | - | - |
| Street connectivity requirements $\boldsymbol{X}$ | - | - | - |
| Parking restrictions to discourage car use | - | - | - |
| Pedestrian infrastructure provision | - | - | - |
| Cycling infrastructure provision $\checkmark$ | $?$ | $?$ | $?$ |
| Walking participation targets X | - | - | - |
| Cycling participation targets X | - | - | - |

## Population density


$5 \mathrm{k} \quad 10 \mathrm{k} \quad 15 \mathrm{k} \quad 20 \mathrm{k} \quad 25 \mathrm{k} \quad 30 \mathrm{k} \quad 35 \mathrm{k} \quad 40 \mathrm{k}$ Neighbourhood population density ( $\mathrm{per} \mathrm{km}^{2}$ )
(above) $97.0 \%$ of population meet minimum threshold* for neighbourhood population density (5,677 people per $\mathrm{km}^{2}$ )

## Street connectivity


(above) $39.7 \%$ of population meet minimum threshold* for neighbourhood street intersection density (106 intersections per km²)
the World Health Organization's Global Action Plan for Physical Activity target of a $15 \%$ relative reduction in insufficient physical activity through walking. We found preliminary evidence that street intersection density above 250 per $\mathrm{km}^{2}$ and ultra-dense neighbourhoods ( $>15,000$ persons per $\mathrm{km}^{2}$ ) may have decreasing benefits for physical activity. This is an important topic for future research.


## Public transport access



## Public open space access



## Summary

The availability and quality of policies supporting walkable neighbourhoods in Bangkok are well below average. Bangkok lacks policy standards that are specific, measurable and aligned with evidence on healthy cities. Apart from the inner city, the majority of neighbourhoods have low walkability relative to the 25 cities in this international study. Although most Bangkok residents live in neighbourhoods that meet density thresholds required to achieve WHO targets to increase physical activity, less than one half appear to live in neighbourhoods meeting street connectivity thresholds. Some Bangkok residents live in districts with extreme levels of population density and street connectivity, which may be associated with reduced likelihood of physical activity. A minority of residents have access to regular public transport stops and public open space within 500 m , and even fewer ( $6.5 \%$ ) have access to larger public open space. Compared with other cities studied, the proportion of Bangkok residents with access within 500 m to all amenities studied is well below average.

## Citation

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