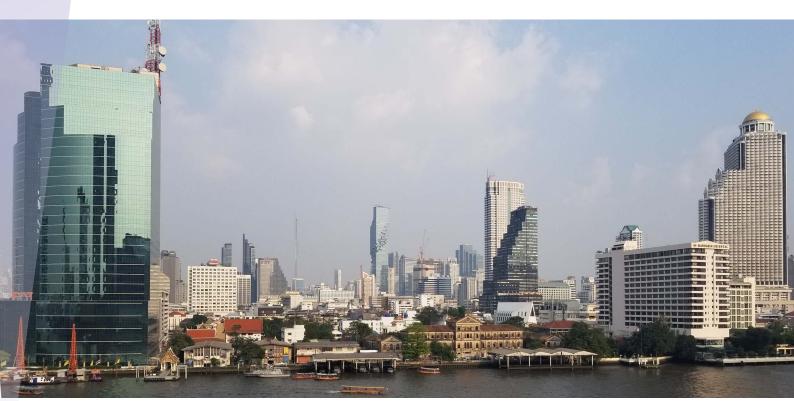
Bangkok, Thailand

Healthy and Sustainable City Indicators Report: Comparisons with 25 cities internationally

Global Healthy & Sustainable City-Indicators Collaboration



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Full report including data, methods and study limitations has been published as:

The Lancet Global Health Series on urban design, transport, and health. 2022. https://www.thelancet.com/series/urban-design-2022

Global Observatory of Healthy & Sustainable Cities. 2022. https://www.healthysustainablecities.org

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Healthy and Sustainable City Indicators Report

This brief report outlines how Bangkok performs on a selection of spatial and policy indicators of healthy and sustainable cities. Our collaborative study examined the spatial distribution of urban design and transport features and the presence and quality of city planning policies that promote health and sustainability for 25 cities across 19 countries.

Comparisons with the median values for all cities included in this international study could inform changes needed for local city policies. The maps show the distribution of urban design and transport features across Bangkok, and identify areas that could benefit the most from interventions to create healthy and sustainable environments.

Policy presence in Bangkok

Urban design and transport policies supporting health and sustainability

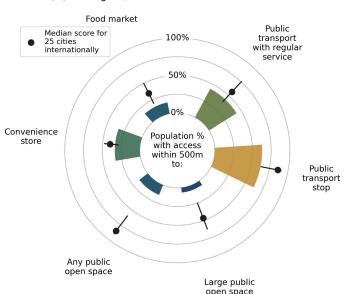


Policy quality in Bangkok

Policy quality rating for specific, measurable policies aligned with consensus evidence on healthy cities



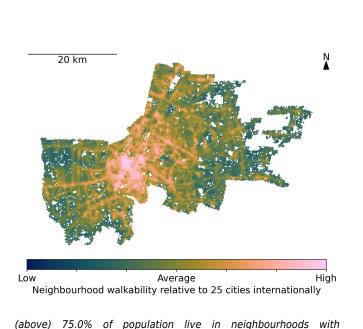
(below) Percentage of population with access to amenities within 500 metres (m) in Bangkok, Thailand.



City planning requirements	% of cities with requirement met, by country income group		
Bangk	ok	Middle /6	High /19
Specific health-focused actions in metropolitan urban policy	X	0%	84%
Specific health-focused actions in metropolitan transport policy	X	50%	63%
Health Impact Assessment requirements in urban/transport policy/legislation	X	33%	11%
Information on government expenditure on infrastructure for different transport modes	X	33%	47%
Air pollution policies related to transport planning	X	50%	89%
Air pollution policies related to land use planning	√	67%	84%

Walkability in Bangkok

Walkable neighbourhoods provide opportunities for active, healthy, and sustainable lifestyles through having sufficient but not excessive population density to support adequate provision of local amenities, including public transport services. They also have mixed land uses and well-connected streets, to ensure proximate and convenient access to destinations. High-quality pedestrian infrastructure and reducing traffic through managing demand for car use can also encourage walking for transport.

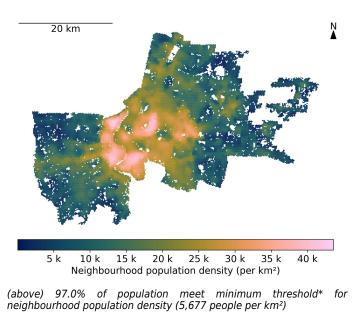


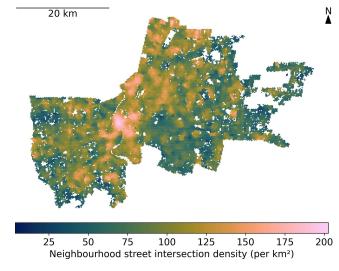
walkability scores greater than the 25 international city median

Walkability policy for Bangkok	(
	olicy ntified	Specific standard or aim	Measurable target	Consistent with health evidence
Housing density requirements	X	-	•	•
Street connectivity requirements	X	-	-	-
Parking restrictions to discourage car use	X	-	-	-
Pedestrian infrastructure provision	X	-	-	-
Cycling infrastructure provision	✓	?	?	?
Walking participation targets	X	-	-	-
Cycling participation targets	X	-	-	-

Population density

Street connectivity



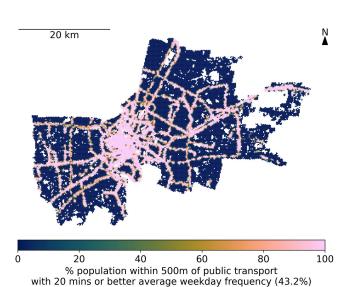


(above) 39.7% of population meet minimum threshold* for neighbourhood street intersection density (106 intersections per km²)

* Thresholds are based on our modelling of built environment features required to reach the World Health Organization's Global Action Plan for Physical Activity target of a 15% relative reduction in insufficient physical activity through walking. We found preliminary evidence that street intersection density above 250 per km² and ultra-dense neighbourhoods (> 15,000 persons per km²) may have decreasing benefits for physical activity. This is an important topic for future research.



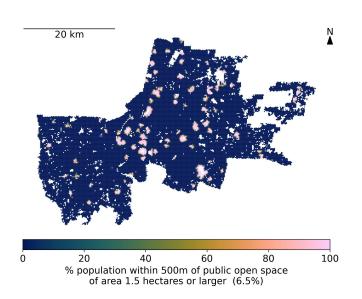
Public transport access



Easy access to frequent public transport is a key determinant of healthy and sustainable transport systems. Public transport near housing and employment increases the mode share of public transport trips, thus encouraging transport-related walking; offering access to regional jobs and services; improving health, economic development, and social inclusiveness; and reducing pollution and carbon emissions. The frequency of services also encourages public transport use, in addition to the proximity of stations or stops.

Public transport policy for Bangkok					
	Policy identified	Specific standard or aim	Measurable target	Consistent with health evidence	
Requirements for public transport access to employment and services	X	-	-	-	
Employment distribution requirements	X	-	-	-	
Minimum requirements for public transport access	✓	✓	✓	1	
Targets for public transport use	X	-	-	-	

Public open space access



Local access to high-quality public open space promotes recreational physical activity and mental health. Nearby public open space creates convivial, attractive environments, helps cool the city and protects biodiversity. As cities densify and private open space declines, providing more public open space is critical for population health. Having public open space within 400 m of homes can encourage walking. Access to larger parks may also be important.

Public open space policy	for Bangkok			
	Policy identified	Specific standard or aim	Measurable target	Consistent with health evidence
Minimum requirements for public open space access	✓	?	?	?

Summary

The availability and quality of policies supporting walkable neighbourhoods in Bangkok are well below average. Bangkok lacks policy standards that are specific, measurable and aligned with evidence on healthy cities. Apart from the inner city, the majority of neighbourhoods have low walkability relative to the 25 cities in this international study. Although most Bangkok residents live in neighbourhoods that meet density thresholds required to achieve WHO targets to increase physical activity, less than one half appear to live in neighbourhoods meeting street connectivity thresholds. Some Bangkok residents live in districts with extreme levels of population density and street connectivity, which may be associated with reduced likelihood of physical activity. A minority of residents have access to regular public transport stops and public open space within 500m, and even fewer (6.5%) have access to larger public open space. Compared with other cities studied, the proportion of Bangkok residents with access within 500m to all amenities studied is well below average.

Citation Global Healthy & Sustainable C Report: Comparisons with 25 c	ity-Indicators Collaboration	on. 2022. Bangkok, Tha sh). https://doi.org/10.2	iland—Healthy and Susi 5439/rmt.19614018	tainable City Indicators

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